

Let's see what's for lunch...

Monday	Main Meals	Vegetables
	Sausage & Mash with Onion Gravy	Sweetcorn & Peas Ve
	Tex Mex Vegetarian Sausage Hot Pot V	
	Pasta with Cheese Sauce V	Dessert Vanilla Ice Cream with Fruit Compote V

Tuesday	Main Meals	Vegetables
	Mild Chicken & Vegetable Curry with Steamed Rice	Cauliflower & Green Beans Ve
	Thai Vegetable Green Curry with Steamed Rice Ve	Dessert Fruit Burst Jelly Ve
	Jacket Potato with Baked Beans Ve	

Wednesday	Main Meals	Vegetables
	Honey Roast Gammon with Roast Potatoes & Gravy	Seasonal Greens & Carrots Ve
	BBQ Roast Sweet Potato & Bean Loaf with Roast Potatoes & Gravy Ve	Dessert Apple & Oaty Topped Crumble Ve with Custard V
	Wholegrain Pasta with Tomato Sauce Ve	

Thursday	Main Meals	Vegetables
	Beef Bolognaise with Spaghetti	Broccoli & Sweetcorn Ve
	Homemade Vegan Burger in a Bun Ve	Dessert Chocolate & Beetroot Brownie V
	Jacket Potato with Cheese V	

Friday	Main Meals	Vegetables
	Fish Fingers with Oven Baked Chips	Peas & Baked Beans Ve
	Vegetable Burrito Wrap Ve	Dessert Maryland Cookie V
	Pasta with Tomato Sauce Ve	

Freshly Baked Bread:

Garlic & Herb Bread **V** Wholemeal Bread **V**

Week 1:

19th April, 9th May, 6th June, 27th June, 18th July, 30th August, 19th September, 10th October, 31st October

Monday	Main Meals	Vegetables
	BBQ Chicken Pizza	Sweetcorn Ve & Coleslaw V
	Margherita Pizza V	Dessert Chocolate & Courgette Sponge with Chocolate Sauce V
	Jacket Potato with Tuna Mayonnaise	

Tuesday	Main Meals	Vegetables
	Turkey & Vegetable Pie Topped with Puff Pastry	Cauliflower & Peas Ve
	Sweet & Sour Vegetables with Steamed Rice Ve	Dessert Oat & Cherry Cookie Ve
	Wholegrain Pasta with Tomato Sauce Ve	

Wednesday	Main Meals	Vegetables
	Roast Chicken with Roast Potatoes & Gravy	Seasonal Greens & Carrots Ve
	Cauliflower & Cheese Bake with Roast Potatoes & Gravy V	Dessert Banana Flapjack Ve
	Pasta with Cheese Sauce V	

Thursday	Main Meals	Vegetables
	Beef & Bean Chilli with Rice	Broccoli & Sweetcorn Ve
	Vegan Chilli Con Carne with Rice Ve	Dessert Apple & Parsnip Sponge V
	Jacket Potato with Baked Beans Ve	

Friday	Main Meals	Vegetables
	Battered Fish with Oven Baked Chips	Baked Beans & Peas Ve
	Vegetable Goujon with Oven Baked Chips Ve	Dessert Vanilla Ice Cream with Peach Compote V
	Pasta with Roasted Tomato Sauce Ve	

Freshly Baked Bread:

Carrot & Thyme Bread **V** Wholemeal Bread **V**

Week 2:

25th April, 16th May, 13th June, 4th July, 5th September, 26th September, 17th October

Monday	Main Meals	Vegetables
	Cottage Pie topped with Sliced Sweet Potato	Peas & Carrots Ve
	Macaroni & Cheese V	Dessert Sticky Banana Bread V
	Jacket Potato with Baked Beans Ve	

Tuesday	Main Meals	Vegetables
	Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta	Cauliflower & Broccoli Ve
	Vegetable Jambalaya Ve	Dessert Chocolate Shortbread Ve
	Jacket Potato with Tuna Mayonnaise	

Wednesday	Main Meals	Vegetables
	Thyme Roast Chicken Breast with Roast Potatoes & Gravy	Seasonal Greens & Mashed Swede Ve
	Roasted Ratatouille with Crumble Ve	Dessert Mandarin Jelly Ve
	Wholegrain Pasta with Cheese Sauce V	

Thursday	Main Meals	Vegetables
	Beef Burger in a Bun	Sweetcorn Ve & Coleslaw V
	Vegan Bolognaise with Spaghetti Ve	Dessert Jammy Bread & Butter Pudding with Custard V
	Jacket Potato with Baked Beans Ve	

Friday	Main Meals	Vegetables
	Fish Fingers with Oven Baked Chips	Baked Beans & Peas Ve
	BBQ Vegetable Quesadilla V	Dessert Chocolate Mousse V
	Pasta with Tomato Sauce Ve	

Freshly Baked Bread:

Tomato & Herb Bread **V** Wholemeal Bread **V**

Week 3:

3rd May, 23rd May, 20th June, 11th July, 12th September, 3rd October, 24th October

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians
All products are subject to availability.

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM1

Available Every Day
Fresh Fruit Platter **Ve**
Homemade Fruit Yoghurt **V**

April 2022

pabulummm
HONESTLY GOOD FOOD